Life is a beautiful gift of God,
Believe me, its meaning is very broad.
It’s not merely about surviving, but living,
It’s granted to us for giving, not for taking.
Love the people, who hate you,
And be ready to die for those, who love you.

Despite the fact that they have a clear ray of hope.
But, we must smile even in the face of problems,
Because destiny has already planned everything for us.
The journey of life is very beautiful,
And to enjoy its beauty, we must be cheerful.

Books give us knowledge,
With the help of which we can go to college.

Books are like sweet honey,
So, do not compare it with money.

Knowledge is a treasure,
Which brings joy beyond measure.

Books are our best friends,
Which don’t change with the trends.

Choose your book with care.
There’s nothing to hurry, so don’t scurry.

Raghav Goel
VII – B
It’s the result of some error, 
Which spreads the terror. 
Due to poverty in life, 
People 
start 
using 
knife. 
Government in 
deficiency, 
Leads to reduction in the value of currency. 
This is not their profession, 
But they adopt this due to tension.

They are not happy doing so, 
It’s because of the income level which is very low. 
Our 60% of population is below poverty line, 
How can they still be fine? 
We get 
limited 
income every year, 
and the shooting prices bring tear. 
The poor too are human beings, 
Can’t live without basic things. 
Casteism, 
Key to terrorism. 
Discrimination, 
Plays with people’s determination. 
Joblessness, 
Increases person’s hyper tension. 
Untouchability, 
destroy the country’s stability.

All your malpractices 
lead to crisis. 
Accept everyone, do care for others, 
You will find them as true lovers. 
If terrorism isn’t there, 
Peace would be everywhere. 
Just think of the peace, 
That removes the problems and make it ease. 
It’s not just the end, 
Leading to a blind bend.

Chirag Bansal 
XII-F
Suicide has been seen as a common trend amongst the youth of many nations. Most of the youngsters think that suicide is the ultimate solution to the life’s problems. The youth nowadays is misled, confused and messed up. During their teenage and adulthood, people face many problems such as conflicts in relationships, family problems, hypertension, depression, stress and many more. But friends, problems are an indispensable part of human life. One should always be strong and face these problems with determination and a never-say-die-spirit. There are times when one may find the purpose of life vague, but little do we know what life has to offer next. The real solutions to any of our problems are not suicide but introspection. All the solutions to our problems lie within ourselves, we just have to dig deep. When a person thinks of committing suicide, he forgets about all the love and affection he has received from people around him. He forgets about his parents who have nurtured him, loved him selflessly and cared for him at all times. He cannot perceive the aftermath of his unexpected death. I would say that those who commit suicide are weak-willed and do not possess the guts to continue the journey of life in the face of hurdles. A person should always have an optimistic approach towards life and face all the problems that pop up. The simple mantra of life is to keep your head high and walk straight.

Pranshu Nagpal
XI – E

When I was a kid, there was so much fun,
No challenges to face, problems were none.
That carefree smile, those meaningless fights,
Those beautiful dreams, to adorn the nights.
No fear of tomorrow, no worry of today,
No pressing commitments, there was always time to play.
That love for toys, those ride on swings,
I miss my childhood, I miss all things.
But soon all changed,
those lovely days were nowhere to be seen.
My perspective of the world changed,
I turned from a toddler to a teen.
I understood how it was,
there is always darkness before the sun rises.
Life is not just a bed of roses,
Over thorns too I’ll have to tread.
There won’t always be shoulders to lean on,
There won’t always be a helping hand.
At times I would be all alone,
For me, I myself would have to stand,
It’s not about getting or,
about complaining what’s not right.
It’s about having the courage to change,
and possessing the spirit to fight.

Shruti
XII-F
You might be thinking that I am being sarcastic in choosing the title, but after reading it, you’ll most certainly have to change your mind.

Like the other common man, I come across, tons of problems in India—be it a trip to a government office or jammed roads with still no traffic regulator; be it those tiny, delicate hands begging or corruption. But isn’t it part of every country?

India is home to the majestic Bengal tiger; the land on which the Great Himalayan Mountains stand and have been standing for ages. The relaxing beaches of Kerala, the age-old traditions of Rajasthan, the colorful festivals, the melodious dialects and diverse and mouthwatering delicacies, you don’t find it just anywhere!! But nowadays, who doesn’t want to go abroad for summer vacation?

India has developed significantly in the past 60 years. It is the home land of a big chunk of the total engineers and doctors in the world. It is one of the most developed countries in the field of nuclear weapons and power and is one the largest economics of the world!! So why is everyone so keen on getting a job abroad? The first thing that comes to mind after hearing the name “India” is our history, culture and our religion. The Vedas and the puranas—our ancient books and scriptures have scientific facts that our generation has yet to discover. This alone shocks me, let alone other things. So why this criticism?? I blame it on the prevailing pessimistic outlook of everyone towards India and their lack of trust in our leaders. But we have to understand that no country is perfect; we’ll have to make it one. We have to change our perspective, take the harder way and instead of whining about and running from our problems, we should be happy as we are so fortunate to be born in the land of miracles. We should be proud, in true sense, to be “Indians”.

Deepanshi
XII-D
We are in a school and are expected to work ‘HARD’. Not that we are expected to go crazy, but we are at least expected to study enough to get good marks. But most of us don’t only ‘study’, facebook activities at home have become an integral part of our lives. It is unnoticed fact that if students opt for a ‘STUDYING + FACEBOOKING’ way of routine, they are likely to secure 20% lower grades and the most surprising fact is that 79% of the students don’t believe it. Not just your academics, facebook has become an evil harming a person mentally too. 48% of the students on Facebook think they are sadder than their friends and 25% students get seriously depressed while posting or viewing updates. A survey was conducted in the University of Maryland and students were asked not to use Facebook for 24 hrs. It was observed that students felt anxious; they were found extremely desperate to log in and check their updates. “Facebook addiction” is found to be 350 TIMES more than the “cigarette addiction”. Facebook has made this world’s youth, more overweight and pathetically dependent on the internet for social interaction. They do not indulge in activities that ensure social and physical health. We sit down and allow ourselves to be affected by the views of others. Internet bullying is a form of teen violence that can cause a permanent damage to young people and adolescents. It can lead to anxiety, depression and even suicides in extreme cases. Also things being circulated on internet, never vanish and resurface years later. It is not a surprising fact that many adolescents are the victims of some or the other sort of cyber bullying. Isn’t it amazing that the man who founded facebook and is instrumental in ruining the lives and wasting the time of many adolescents, has made billions of dollars doing so!

Sonell Malik
X – E

THREE THINGS OF LIFE

Three things of life that, Once gone never come back;
Time, words and opportunity.
Three things of life that must not be lost,
Peace, Hope and Honesty.
Three things of life that are never sure,
Dreams, success and fortune.
Three things of life that make a man,
Hardwork, sincerity and honesty.
Three things of life that destroy a man.
Alcohol, pride and anger.

Shubhangi Arya
VII – E
I go to the meadow, I see the dew
Which is crisp and new
And as the wind blows
And the leaves fly
With it comes the message from heavens
Of love, peace and happiness
Which is only one of its kind.

Coming out in the winter sun
Gives you pleasure and fun
As you walk by the hedges
You see the new fringes
And the cricket’s song
Or the church’s gong
All are heard to the peaceful mind
Which is only one of its kind.

Dwelling in the lap of nature
In the company of every living creature
You learn the lessons of life
As no one can tell, no one can teach
No ‘one’ can preach
Because it is only one of its kind

Seeing, smelling, taking it all in
From nature which is the kin
Today it’s just like a fairytale
As you walk in the moonlight, cold and pale
Store it with you for you might not see it tomorrow
The winter’s beauty which is only one of its kind.

The beautiful day of my life
when my daughter was born
she brought the happiness
and helped me shed my loneliness
I taught her
How to walk, to talk
to take a bath, and
to eat
she showed me more than I expected
But the time passed
she grew
into a teenager
And this was the time
she repaid me
she taught me
how to live life
to live it to the fullest
to remove the sorrows of life
to judge people around
to help others
to share the problems of others,
to make friends
Then I realized-
Not only a parent can teach a child,
But even,
A child can also teach his parents.

Nishtha Jain
XI-C
A RENDEZVOUS WITH MR. N P SINGH

Q. In this era of great complexity and hurry which value according to you is the most important one?
A. There is no more important personal value than simplicity. Taking the time to simplify anything that is overly complex is very skillful in these rapidly changing times. Simplifying a work makes it more effective and productive, leading to greater results when compared to complex arrangements.

Q. It is a common observation that people today are very judgmental. What do you think?
A. Don’t judge a book by its cover, as it prevents one from getting at the heart- the inherent truth of the matter. If you are merely evaluating a person from the shallow perspective of their appearance or quickly coming to a conclusion based on a brief acquaintance, then you can miss the deeper and wider truths behind and the true meaning of life’s situation.

Q. Gone are the days when people used to feel concerned about each other because today people don’t stop being self-centered. What are your views?
A. Normally, we are overwhelmingly concerned about ourselves, driven by our own personal motives and ambitions. One must be willing to be tolerant and kind to others, listen attentively and silently to their words, be non-judgmental and open to their opinions and point of views. If you are so, you are an excellent candidate for great success in life.

Q. Often people with great talent, artistic temperament or other qualities fail to achieve success. What could be the possible reasons?
A. A possible reason can be that they are not practical in their thoughts and deeds some people do their work to keep themselves busy, occupied, entertained or otherwise pass their time. One must ensure that the activities that one is engaged in lead to a constructive, useful purpose.

Q. There is one thing everyone would like to know which is – What do you think, is the key to success.
A. It is universally agreed that hard work is one of the keys to success in our life. So keep up the effort over time, watch how life continuously blossoms with good fortune.

Soumya Bhatnagar
XI-F
Today there is a lot of passion for fashion, 
Everyday comes with a new creation. 
For some people it may be addiction, 
For some it may be possession. 

We know, first impression is the last impression, 
For fashion there is no vacation. 

This passion is stronger than affection, 
With no intention of somebody’s attention. 

World is prone to variation, 
being in fashion is a heartening situation. 
Passion makes the nature restless and impatient, 
it is somehow related to evolution. 

But Remember, this is not an obsession, 
It’s just an endless passion for fashion…….

Purva 
IX-G

I look back on those days 
To see how far I have come and grown 
I take a trip down my memory lane 
And what I see has shown........
That every step I have taken 
You have been there by my side....... 
From infancy to adulthood 
You’ve stood the test of time 
You’d pick me when I fall 
You’d dust me off and then 
Encourage me to get back on 
That horse and ride again 
Your constant care and love 
And your warm inviting heart 
Has always been a treasure that 
I know would never depart 
A woman whose most gentle soul 
Embraces me everyday........
A woman whom I dearly love 
More than words can say........
‘My Mom.’

Samakshi Garg 
VII-A
1. Footprints of astronauts who landed on the moon would last for at least 10 million years.
2. Watching television can act as a painkiller for children.
3. I out of 10 people believe that Thomas Edison invented light bulb, but in reality, Joseph Swan did it.
4. Neil Armstrong stepped on to the moon with his left foot first.
5. A giraffe has 21 inches long tongue.
6. One second of energy given off by sun is 1 crore 3 lakh times greater than the average amount of electricity used by USA each year.
7. Sharks cannot see red colour.
8. Dogs are colour blind.
9. A Honey bee has 6300 eyes but its eyesight is no more than 10% of that of man.
10. The only animal that sleeps on its back is ‘Man’.
11. There are 8 cities called Rome in U.S.A.
12. Ledar tree gives about 300000 pencils.

Laugh…….
1. I want to take you out for a candle light dinner, shower you with roses and say three magical words, “Pay the Bill”.
2. The world is divided into two kinds of people – “Those who do things and those who take the credit”.
3. Why do we sometimes close our eyes when we pray?

Because the most beautiful thing in life is not seen but felt by the heart.

4. What has only two words, but thousands of letters?
   - Post office
5. Which bow cannot be tied?
   - Rainbow
6. What holds water yet is full of holes?
   - Sponge
7. What types of fruit have babies in a red house, a red house in a white house, and white house in a green house?
   - Water Melon
8. What belongs to you, others use it more than you do?
   - Your name

Samakshi
VII-A
BRAIN SCAN SHOWS THAT THINKING ABOUT MATHS IS AS PAINFUL AS A HOT STOVE BURN, IF YOU’RE ANXIOUS

Are you the type of person who has a calculator application that helps figure out restaurant tips and sale discounts? Does the above image make you nervous? Are you actually scared of maths? It’s Ok! It’s your brain playing tricks on you.

In the math-anxious brain, the mere thought of solving for X prompts the same neurological response as anticipation of physical pain, according to a new study. Maths really does hurt—or at least an anticipation of maths does. Actually doing the work does not hurt nearly as badly.

Sian Beilock, professor of psychology at the University of Chicago and an expert on maths anxiety, has published a paper in the Journal PLOS explaining this phenomenon. “For someone who has math anxiety, the anticipation of doing maths prompts a similar brain reaction as when they experience pain — say, burning one’s hand on a hot stove,” she said.

Beilock and Lan Lyons, a 2012 Ph. D. graduate in psychology from the University of Chicago worked with 28 adults, 14 of whom were not afraid of maths and 14 of whom experienced maths anxiety. The researchers gauged anxiety by measuring the patients’ response to situations like receiving a maths text book or walking to a maths class. Then the volunteers sat in a functional MRI machine, which allowed a view of their brain activity as they solved maths problems and word puzzles. They were asked to verify equations, like whether this is correct : (12×4) – 19 = 29. They were shown word puzzles and had to determine if reversing letters in a word produced a correctly spelt word. The key factor; Before each task, a yellow circle or a blue square would indicate whether a maths problem or a word problem would follow.

The MRI scans showed the higher a person’s math anxiety, the more anticipation of maths activated the posterior insula, an inner brain region associated with registering direct threats to the body and experiencing pain. But there was no pain response when the people were actually doing the problems.

This is not the first time scientists have noticed neural pain responses sparked off by thinking about something. Previous researchers noted physiological pain in response to social rejection, for instance. But there’s a strong evolutionary pressure for the humans are social creatures — whereas maths is a relatively recent invention.

“This means that any observed relation between math anxiety and pain would likely be more dependent upon one’s feelings and worries about maths than something inherent in the maths task itself,” Beilock and Lyons write.
The present XII batch is going to leave school within three months. To tell you the truth, we all would miss OPJMS a lot and I want to express my OPJMS journey in my own way:

I entered the school when I was a kid,
I saw a building so green and big.
I was in class fifth and a little shy,
as innocent as kids who like to cry.
I was a little confused and had no friends,
And could not understand what are the school’s trends?
Suddenly I got selected in the school play,
Playing the lead role, practising everyday.
I stood in the elections when I was small,
Lost the post with a hopeless fall ……?
Then I entered class six,
A new building and everything was a mix.
I took part in various activities,
Some I won, and sometimes I was not the priority.
I used to fall, I used to stand
This is how I learnt to differentiate between good and bad…….
Being promoted to class seven
I found it was not hell but not even heaven,
Everything was same, activities and studies,
Same was the life and same were the buddies…..
The new class now, class eight,
The students were selfish, came and ate.
This is how I learnt adjustment,
Now in the school because I was permanent…..
And now I was big, in class nine,
A happy child and very fine.
I found friends, made a group,
Walked in confidence in a troop.
Altogether with a grip,
We went on a snowy trip.
Beautiful the scenery, beautiful the life,
We cracked jokes on Santa-Banta, husband and wife.
International Dance Competition, we participated,
A history in OPJMS we created.
Life was awesome, life was great,
Cannot forget any of the classmates…..
Now I became a senior, I was in class ten,
Had to write exams holding tight the pen.
The enjoyment was full, excitement was loaded,
How $\sin^2 \theta + \cos^2 \theta = 1$, I never could get it.
In eleventh it was the time to set ambition,
Getting good marks was everyone’s mission.
Were scared and excited for the result,
The declaration day was full of insult.
Everyone was off & everyone depressed,
And thought this time we were not blessed…..
Eleventh got passed and now class twelve,
Marks and marks in everyone’s shell,
Subjects are difficult, required is hard work,
But teachers help us without any jerk.
English is tough and so much syllabus
Shivani Ma’am and Shalini Ma’am make it easy and full of colours.
Economics is full of graphs and graphs,
Narula Sir makes us understand and laugh.
Accountancy is subject sensational,
Gagandeep Sir teaches us like a professional.
Business Studies is day to day market,
Leena Ma’am and Archana Ma’am pour everything in to our mind’s basket.
Mathematics is playing with numbers,
Pathania Sir and Naresh Sir scold who fumbles.
Greatest thank you to Principal Sir,
Who has always been there as warm as fur.
Would like to end the poem with a talk,
OPJMS rocks and OPJMS rocks……!!

Kashish Gulati  XII-E