

## Time Management

“As every thread of gold is valuable, so is every moment of time”.

Children today are caught in a terrific bind as far as time is concerned. Managing time in a sensible way has become a dire necessity for kids so that they can get the best out of their school, friends and leisure activities “Why is time such an issue for children today?” why are they always so rushed?”

The reason is that there are so many areas that have opened for young talent in recent times, and the maximum parents want to sign up their kids for all kinds of activities like playing sports, Skating, Karate, learning musical instruments and many more. In addition to all these, there is the usual load of school work also with its demanding schedule of tests and exams.

If you are caught in one of these situations, it is probably time to cut down a few activities from your life.

Sit down and evaluate the activities; which are the ones which are actually precious to you; what are the areas where you seem to be showing some aptitude and your natural talent; and which are the classes can be safely dropped and you catch up with the lessons taught in the class?

And then you talk to your parents and intimate them with your choices, No parents would want to burden their child if activity is interfering with their academic performance.

Some times, postponing things to another day results in anxiety and irritation. And the most frightening symptoms of which are cramming just before exams.

Time management is the best way to get rid of all these problems. “Well arranged time is the surest mark of a well arranged mind.” The ability to plan what to do first and what to do next is a necessary quality of an effective time manager.

Put down a list of your priorities; which will help you to get organized.

Working hard does not mean sacrificing all play and leisure activities. It means to set up an alarm clock not to wake you up but to time you up with your activities like playing on the computers, talking to your friends etc. etc. When the alarm bell rings, it means its time to hang up!

The morning hours are, when we are fresh and our brain is alert. Getting up a little early in the morning can work wonders. If you wake up early in the morning you don't need to sit till late nights.

As some one had rightly said,” getting up early in the morning gives you an early night”. So, be organized before its too late.

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